

- VALSE LENTE Confirmé Stage 21 Oct.
- NATURAL SPIN TURN OVERTURNED 1 2 3, 1 2 3
- TURNING LOCK to RIGHT 1 & 2 3
- WING (Aile) 1 2 3
- DOUBLE REVERSE SPIN (pris OPEN) 1 2 & 3
- OPEN TELEMARCK Followed by
CROSS HESITATION 1 2 3, 1 2 3
- OUTSIDE SPIN 1 2 3
- NATURAL TURN (3 premiers pas) 1 2 3